

August 28, 2019

Dr. Brenda Freeman Superintendent Wellsboro Area School District 227 Nichols Street Wellsboro, PA 16901

## Dear Dr. Freeman:

North Penn Comprehensive Health Services d/b/a Laurel Health Centers is proposing this quote to the Wellsboro Area School District for health care provider services to perform sports and classroom physicals for the 2019-2020 School Year. The Laurel Health Centers is pleased to offer the service at a price of \$64.00 per hour, plus mileage reimbursement at a rate of .58/mile. Our estimate approximates we will see 12-14 children per hour.

The Laurel Health Center providers, Nurse Practitioners and Physician Assistants, will conduct the Grade Level Physicals as required by Section 1402 of the Pennsylvania Public School Code to students in the Wellsboro Area School District.

The general health physical examination will include the following. No internal examinations are to be performed.

Height Weight BMI

BMI for Age Percentile Pulse Blood Pressure Hair/Scalp Skin Eyes/Vision

Ears/Hearing Nose and Throat Teeth and Gingiva

Lymph Glands Heart Lungs

Abdomen Genitourinary Neuromuscular System Extremities Spine (Scoliosis)

The School Nurse will be present during the physical examination and will assist -with the following: Blood Pressure, Pulse, Height & Weight, and Vision & Hearing Screening.

The Laurel Health Center Providers -will conduct Athletic physicals for students participating in P. I.A.A. sports at the Wellsboro Area School District schools and as requested by the District, at the same rate.

The physical examination shall include an examination to determine the students' general physical condition and whether student is physically fit to participate in athletic contests in the sport(s) and during the sports season(s) as indicated on the P.I.A.A. Physician's Certificate, as noted on sections 4, 5, and 6 in the P.I.A.A. Comprehensive Initial Pre-Participation Physical Evaluation form. Each athlete requires a physical before he/she may participate in a P.I.A.A. sport. If a student participates in more than one sport during the year, P.I.A.A. will accept a recertification, unless an injury has been sustainedsince the last examination.

As stated, physicals would be arranged at the convenience of both the schools and the health care provider. It is our expectation that the respective school nurses will provide assistance at the various clinics to facilitate the overall process.

Additionally, as part of our efforts to promote healthy children and healthy communities, we will provide information to children and parents regarding choices for their continued health care at the Laurel Health Center in their community. We believe a positive connection between the School District and the Community Health Center promotes healthy choices and alternatives for the students and their families. The Laurel Health Centers will provide educational materials for distribution. The Wellsboro Area School district will include these materials in their mailings to parents and guardians of the students scheduled for physicals.

Please review our proposal for the provision of health care screening services to the children of the Wellsboro Area School District. Please don't hesitate to contact me if you have questions or need additional information. We look forward to hearing from you in the near future.

Sincerely,

Krysta P. Wagner

Chief Operating Officer

Krysta P. Wagner

North Penn Comprehensive Health Services

40 West Wellsboro Street

Mansfield, PA 16933

(570) 662-1948