



WELLSBORO AREA HIGH SCHOOL
225 NICHOLS STREET
WELLSBORO, PA 16901
(570) 724-3547
FAX: (570) 724-3027

**EVERY CHILD,
EVERY OPPORTUNITY,
EVERY DAY...
STRIVING FOR SUCCESS**

INDEPENDENT STUDY PROPOSAL Personal Fitness

Student: Hayne Webster
Teacher: Miss Michelle McNett
Semester: Summer 2022

The **PURPOSE** of this independent study is to provide the student with an opportunity to complete his required physical education course during the summer, because he does not have space in his schedule to take it during the 2022-2023 school year. His 2022-2023 school year schedule is already full, with rigorous college level courses. This independent study will also allow the student to incorporate his personal fitness goals and interests into a flexible summer physical education course.

Some of the **ACTIVITIES** that the student will complete include attending the US Naval Academy Summer Seminar, completing his Red Cross Lifeguard Class Renewal, Lifeguarding, and Swim team training and meets.

ASSESSMENT will be accomplished through a written log of required hours. The student must record 58.5 hours of personal fitness activity. The timeframe to complete the personal fitness log will be from June 4, 2022 to August 22, 2022. The fitness log will be a shared google doc, from which both the student and teacher has access. The teacher will be able to monitor the student's progress throughout the summer.

The **GRADING SCALE** for this class is the standard high school grading scale:

93-100%	A
85-92%	B
77-84%	C
70-76%	D
0-69%	F

If the student successfully completes this independent study, he will receive 0.5 credit in Physical Education.

REQUIRED SIGNATURES:



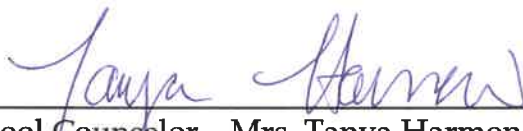
Student - Hayne Webster

4-28-22
Date



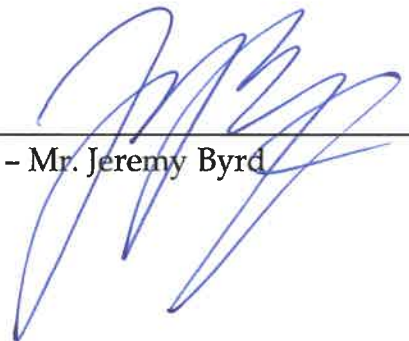
Teacher - Miss Michelle McNett

4/28/2022
Date



School Counselor - Mrs. Tanya Harmon

4/28/22
Date



Principal - Mr. Jeremy Byrd

4/28/22
Date